

health screening

information and services



MARIE STOPES
INTERNATIONAL

Health Screening

With today's busy lifestyles, finding the time to visit the doctor can often be difficult, but it is important not to forget about your health.

At Marie Stopes International we provide annual health checks because we believe that regular screening offers both reassurance and the best chance of early detection of potentially serious health problems.

Our Well Woman and Well Man screenings are comprehensive consultations with an experienced medical professional where there is time to discuss any health concerns and receive individual advice for your future health.

We offer convenient appointments with complete confidentiality, a comfortable environment and a personal approach.

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Well Woman screening

Why should I have a Well Woman check?

The first Marie Stopes Clinic was founded in 1921 and today Marie Stopes International has a wealth of experience with women's healthcare. Our Well Woman check has been developed to ensure that the key areas of a women's general and sexual health are checked on an annual basis. Cervical and breast cancer are serious health risks for women and we believe that a regular health check offers the best chance of early detection.

What is included in a Well Woman check?

- Discussion on your lifestyle including diet, exercise, weight, smoking, contraception and family medical history
- Blood pressure check
- Weight check
- Urine analysis to test for basic urinary abnormalities
- Cholesterol blood test
- Breast awareness teaching
- Cervical smear test using liquid cytology – the most up to date and accurate cervical screening technology
- Time for your questions
- Appointment time – approximately 30 minutes

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Well Man screening

Why should I have a Well Man check?

At Marie Stopes International we believe that men should have the opportunity to undergo a comprehensive annual health check. We want to help minimise any risks associated with male health problems, such as heart disease, testicular and prostate cancer, so that you can take positive steps towards a healthy lifestyle.

What is included in a Well Man check?

- Discussion on your lifestyle regarding diet, exercise, weight, smoking, alcohol and family medical history
- Blood pressure check
- Weight check
- Urine analysis to test for basic urinary abnormalities
- Cholesterol blood test
- Prostate antigen blood test (PSA) as appropriate (50+ years)
- Testicular examination (optional)
- Time for your questions
- Appointment time – approximately 30 minutes

Evidence suggests that half of all cancer cases diagnosed in the UK could be prevented by simple lifestyle changes.*

***Cancer Research UK 2006**

When will I get my test results?

All tests are conducted under strict laboratory guidelines which ensure accurate results within 7 – 10 working days.

You can choose to have these results sent to you, as well as your GP. We operate an open notes policy so that you can see your personal information at any time.

What is the cost of screening?

Please call our central booking service on **0845 300 0460** for more information on the cost of a Well Woman/Well Man screening. When you book your appointment a deposit is required, which will be deducted from your final bill.

Please note: If for any reason you need to cancel your appointment, please do so no later than 48 hours prior to the appointment time to receive a full refund.

How do I book an appointment?

You can arrange a convenient health screening appointment by calling:

0845 300 0460 (24 hours/7 days)

Or for more information please visit our website
www.maristopes.org.uk

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Company Health screening

At Marie Stopes International we understand that your employees are your most important resource. By providing your staff with an annual health check, it shows your commitment and appreciation to their wellbeing and provides them with the knowledge and confidence to get on with their lives.

We offer tailor-made health screening programmes to match the needs of your employees. Whether you have a company of three or a team of five hundred, we can cater to your requirements.

Contact us in **020 7034 2332** for your company health screening pack with full information on this service.

For information and appointments:

Telephone **0845 300 0460** – 24 hours
www.mariestopes.org.uk

About Marie Stopes International

Marie Stopes International is a specialist reproductive healthcare organisation and a registered charity, working in both the UK and overseas.

Our nine main UK centres help over 100,000 women and men each year with sexual and reproductive healthcare, contraception and health screening... but the good work does not stop here.

Any financial surplus generated in the UK helps us provide reproductive healthcare services to women and their families in some of the poorest communities in the world.

The organisation campaigns for better awareness of sexual health issues and open access to services for everyone. Our aim is to provide a high quality service, tailored to individual need. Whichever service you require, we offer convenient appointments and experienced teams who are supportive and professional.

Marie Stopes International

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